Teach your child to be persistent

Did you cringe when you read this headline because your child already persists at home to get what he/she wants?

Maybe you have a child who whines continually until someone caves in or a child who throws a tantrum to get his or her own way.

There is another type of persistence that children need if they are to experience success in any area of their lives. They need to be able to persist when work gets hard or life gets tough. They need the ‘stickability’ to work through difficulties and hang in there when things don’t go their way.

Some children are more naturally predisposed to persist than others. They have a determined, even competitive streak in their temperament that doesn’t allow them to give in.

These children and young people can drive themselves very hard to succeed (and their parents and teachers to distraction in the process).

Parents and teachers can develop persistence in children. The Australian Temperament Project found that this is one temperamental factor that is most likely to be impacted on by a child’s social environment.

Just as we can promote persistence we can also impede its development. We can make life easy for children so that they are not expected to persist or hang in there when things are tough.

Parents who allow children to stop work when it gets too hard, stay home from school for a minor reason or give up on a sport because they are not succeeding straight away are not doing their children any favours. These children are not developing persistence.

Parents can promote persistence by encouraging their children to keep going and not give in at the slightest hurdle or difficulty.

Parents can be a sounding board for children’s gripes but they should show confidence in their ability to cope and get through their difficulties. “You can do it” is far more powerful in terms of promoting an attitude of persistence than “if it is a little too hard then try something else.”

Let children know that there is a correlation between effort and success. In fact, they need to learn that by GIVING EFFORT they will experience success.
Talk about HARD WORK with your children. They need to understand that to be successful they need to do things that are NOT fun or easy. While it would be good if all work and learning was fun, in reality, this is not the case.

Help children to remember times when they experienced success by HANGING IN when they were younger.

The ability to persist in the face of difficulties maybe an old-fashioned quality but it is one of best success attributes that your child will ever develop.

Kind regards
Heather Andrew

FROM THE DEPUTIES’ DESK

Well Term 4 is here! The last term for our Grade 6 & 7 students before they start their academic journey at their chosen High School. Graduations are coming up and it is a very exciting time for all!

In week 1, 2 and 3 of this term we have the final three weeks our Interschool Sport for 2014. Students have been training hard and no matter what the results I am sure we will be immensely proud.

The weather is starting to heat up so a timely reminder about hats. Students must be wearing correct school hats, no other hats are to be worn to school.

At Ormeau State School, we do not have many issues with bullying. Our data shows that last term we only had 1 incident. There is a lot of misleading information in the media about bullying and what it entails. The below article, which we have released before, is a good read and dispels a lot of myths about bullying. Please take the time to read it.

How much bullying is really bullying? (by Sherri Kuhn)

Bullying seems to be the hot topic among parents of school-aged children these days, but what exactly constitutes bullying? Some general goofing off and teasing is just the nature of growing up and being kids.

HAVE WE TAKEN THE BULLY BANDWAGON TOO FAR?

With the cultural bias toward bullying, have we swung too far in the opposite direction and declared too many things as “bullying” behaviours?

When is a bully not a bully? The fine line between playing around and being bullied is getting harder to see. With some parents preferring a zero-tolerance approach while others want to just “let kids be kids” the definition of bullying may be changing.

What constitutes bullying?

When does good-natured teasing turn the corner and become bullying? In the simplest definition, bullying behaviour consists of an imbalance of power (either physical or social) and happens consistently over a period of time. This is different from a one-time-only type of interaction because the bully continues to inflict the hurtful behaviour time and time again. This is where some people are confused, and wind up calling any unpleasant interaction a bullying situation. Victor Neves has been teaching for over 20 years, and has plenty of experience with these scenarios. “Intent doesn’t matter,” he shares. “If a weak person is persistently attacked or even menaced by a stronger person, it’s bullying.”

More information can be found here: http://www.sheknows.com/parenting/articles/993967/how-much-bullying-is-really-bullying

We look forward to continuing to help our students achieve for the remainder of the year.

Kind regards and happy reading,

Brendan Creighton and Jane Tuckett
Deputy Principals
Ormeau State School

PREP NEWS

Welcome back to a very busy Term 4 at Ormeau State School, and a special welcome to the new families who have joined us. We would like to thank everyone for their help and support in the classrooms so far this year and around the school. Your effort is valued and your continued support is very much appreciated.

In term four, we ask that you please remember to send a drink bottle to school with your child. The weather is getting warmer so it is important that all students can keep hydrated whilst in the playground. The Prep area doesn’t have water bubblers, so drink bottles are the only form of hydration our students can access.

Swimming is fast approaching so please make sure you have paid at the office and sent your child’s permission form to their classroom teacher. If your child is not participating in swimming lessons this term, please inform your child’s teacher as they will have to make alternative arrangements with another class.

This term the students will be learning about:

- English – Letter writing
- Mathematics - Various concepts, with a focus on number and measurement
- Geography – Caring for a special place
- Science - Movement

Please continue to read with your child at home as it makes a difference!

Kind regards

Mr Campbell, Mrs Laws, Miss Phillips and Mr T

2F, 2G, 2I, 2J AND 2LT

Wow! Term 4 already, where has the year gone? Firstly, we would like to say a big ‘Thank you’ to all parents and students for their efforts on ‘Crazy Hair Day’. The school rose close to $3,000 which was greatly appreciated by the Leukaemia Foundation and our staff member. The day was a great success and a lot of fun was had by staff and students. As you can see the teachers also got into the spirit of the day.
In English, Year 2 students will be comparing character stereotypes and writing an alternative description of a chosen character. This will make for some interesting boy/girl stereotype discussions.

Some students in Year Two need to replace some of their writing equipment. Erasers, glue sticks, sharpeners and lead pencils are the main utensils required. Please ask your child if they need any of these utensils replaced and send them into school as soon as possible.

A couple of calendar dates:

1. **Friday 24th October (week 3)** is the ‘Halloween Disco’ and the junior disco is 5:30pm-7:00pm. Older siblings are not allowed to attend the junior disco.
2. **Book Fair (week 4)** This will take place in the iCentre from Tuesday 28th October through to Friday 31st October. Please feel free to come and browse the selection of books in the morning 8:30-9:00 or the afternoon 3:00-3:30. Your child will be able to purchase during lunch breaks too.

Finally, as the weather is getting warmer please remember to send your child with a drink bottle and a school hat. Please ensure that your child’s name is clearly labelled as there have been some upset children due to losing their hats.

With thanks,

**Jonathon Frazer, Shandell Gammon, Shandy Iurato, Rebecca Johnston, Andrea Lepherd and Cynthia Thorpe**

**4B, 4K, 4H AND 4T**

Welcome to term 4! This term promises to be very exciting with our year 4’s getting ready for year 5! Also this term we have our year 4 camp. Please get forms and money into school as soon as possible. It promises to be a fabulous time for everyone. We will be reminding the children of the expected level of behaviour both prior to and during camp. Children who regularly misbehave are not welcome to attend.

As the weather is getting warmer please ensure you send a bottle of water each day and remember those cooler blocks to keep lunches fresh and cold. It is encouraged to send a roll on deodorant to school in your child’s bag to apply after play times. This helps to make the classrooms more pleasant… no sprays please.

At the end of last term we celebrated science day with an afternoon of rotation activities for the children to enjoy and discover all things science.

Now is also a good time to have a chat to your children about maintaining their great behaviour for the rest of the year. Often children tend to lose focus and misbehave towards the end of the school year. We want to see the Ormeau State School high standards of expectations continued right through until the last day of the term.

**Your year 4 Team,**

**Mrs Bray, Mrs Brown, Mrs Tones, Mr Howlett**

**6B, 6G, 6N AND 6S**

Another busy start to our last term of primary school; where has the year gone? Students and teachers alike have felt that their feet have not touched the ground. This term looks like it will prove to be an unforgettable one, with the school disco, trivia night (adults only), Oktoberfest, Wet & Wild and Graduation activities.

**Curriculum**

Drama has become our focus in the Arts curriculum. Students are learning about the many different elements of drama and puppetry. The students are thoroughly enjoying this lighter side of the curriculum. Little do they realise the valuable life skills that they are attaining while they are interacting with their peers to create their scenes. Drama has a significant role to play in the personal development of our students. The skills and qualities developed by students in drama, such as teamwork, communication skills, stimulation of the imagination, creativity, leadership and risk-taking are assets in all subjects and all areas of life.

**German**

This week we were fortunate enough to experience German culture firsthand as we attended the Oktoberfest in Brisbane. We had a memorable day as we watched and were involved in traditional German entertainment, shows, rides and hands-on activities. We at Ormeau State School are extremely fortunate to have Frau Hay, one of the key organisers of this special day, teaching us German and giving us special treatment while we visited.
Science

It is quite opportune that our current science unit explores infectious diseases. With the Ebola epidemic knocking at our doorstep we are exploring how these types of diseases are transmitted and how they can be controlled. The students are starting to realise that these little tiny germs that we can’t possibly see with the naked eye can actually cause such destruction. In summary we will explore diseases, infections, viruses and bacteria and how our bodies fight them off.

Uniform

It is pleasing to see that many of our Year 6 students are being great role models by wearing their uniform with pride. A reminder that the Ormeau School hat is a compulsory part of our uniform and cannot be substituted with a casual version.

Absenteeism

The absenteeism rate for some of our Year 6 students is increasing. Continual days off in the middle of term are placing them at a greater risk of failing their subjects. Research confirms that children who have a low absenteeism rate receive higher grades, interact better with their peers and they gain an effective work ethic. Term 4 is extremely busy and with upcoming report cards there is no time that would be considered to be advantageous for your child to be away. Late arrivals and early departure are also impacting and burdening their learning process. Absenteeism and lack of punctuality for minor ailments is not acceptable.

Fees

A reminder that all upcoming accounts need to be finalised prior to the end of October. This is a restriction placed by Education Queensland so please ensure that payments for Wet & Wild, Graduation and any outstanding payments are made to ensure inclusion in all events.

We are always happy to discuss the academic development of your child with you. We want to make sure that we are committed to all our students and value your input. However, please be aware that there are some mornings or afternoons where we have other meetings and/or commitments. To ensure we give you and your child our undivided attention please ensure that an interview time is made.

Year 6 Team,

Suzanne Bailey, Nikki Swain, Kimberley Strachan and Shane Grubb

BEHAVIOUR MANAGEMENT NEWS

Dear Parents and Carers,

Welcome back after what I hope was a fantastic break for you and your family. It’s a big Term 4 ahead with lots of happy children ready to get back into the swing of school routine…and I’m sure some parents are happy for the routine to start once again too! Just a reminder to contact your class teacher if you have any behaviour or social concerns for your child and they can then direct your concerns for behaviour support where required.

As I mentioned in the previous newsletter, we are participating in Nude Food Day once again this year! National Nude Food Day, supported by Nude Food Movers and in partnership with Nutrition Australia, creates a nationally recognised day in which we can all come together and show our support towards healthy eating and waste reduction. Our students will be joining other students across the country in bringing healthy, wrapper free lunches to school over the month of November.

National Nude Food Day is a chance for our students to realise what they can do for their health and the health of the planet.

An event like this can give all of us at Ormeau State School a taste of the benefits, ease and fun involved in packing a healthy, wrapper free lunch! Teachers and a secret spy will be keeping an eye out for students that are consistently bringing in healthy lunches with no rubbish packaging – this means using recycling containers. There will be prizes to be won such as Nude Food ‘Smash’ containers and stickers and certificates to be awarded for students in each year level that are most consistent in the efforts.

SOME NUDE FOOD RECIPES TO GET US THINKING

A healthy lunch has four components:

1. A main item, such as a sandwich/wrap/roll, pasta with vegetables, soup, frittata or sushi.
2. A fruit or vegetable snack, such as whole fruit, cup of veggie sticks, fruit or savoury kebab or a small salad.
3. A second snack based on a core food, such as reduced fat yoghurt, grainy crackers with reduced fat cheese, plain popcorn, a slice of raisin bread, a wholemeal fruit muffin, a boiled egg or a can of tuna.
4. And a drink. A bottle of tap water is best, and plain UHT milk is also acceptable.

Ref: Nutrition Australia, 2014.

I will send a reminder and include more information in the next newsletter prior to the ‘official’ Nude Food time.

Kind regards

Carol Moores,
Behaviour Support Teacher

GERMAN NEWS

The Year 6 and 7 students have been participating in a number of competitions focusing on the upcoming Oktoberfest excursion.

Many have completed online learning by participating in the ‘Language Perfect Oktoberfest Competition’. Congratulations to Dezi C and Ron L for completing an Elite Award – 10 000 points!! They will be awarded a terrific prize pack for their efforts. And there is a battle on for state winner between Bailey A from Woongoolba SS and Ron.

Ormeau SS has topped the leader board as the top school for the State!

The students have also been completing quizzes and hopefully someone may in a prize!

The Year 6 students will be on excursion to the Oktoberfest for Teens excursion on Thursday – joining with 2100 students
of German from all over South East Queensland to celebrate everything German – the food, the language, the costumes, the music … A piece of Bavaria in the heart of Brisbane at the RNA Showgrounds!

Frau Hay and Frau Kaminski at Oktoberfest Brisbane

The students also receive free tickets to attend the weekend event on Sunday Oct 16th – see Frau Hay if anyone is interested in also receiving free tickets.

A number of students were recognised on parade for their efforts in Education Perfect in a variety f curriculum areas – Science, Maths and English and received certificates of achievement. Great effort!!

Next week Ormeau SS will host a special visitor from Germany – Ludwig Leichhardt, the great, great, grandnephew of the original explorer. He is in Queensland as part of the 175th Jubilee of the explorations which contributed so much to Queensland’s heritage and history.

It’s a busy time for German studies – and very enjoyable too!!

Frau Hay

HEAD OF CURRICULUM NEWS

New Curriculum for 2015 – The Arts

Next year classes in Prep to Year 2 will undertake classroom lessons in The Arts, while our specialist Music teacher will begin lessons for all year levels in the music strand.

The Australian Curriculum: The Arts Foundation to Year 10 comprises five subjects:

- Dance
- Drama
- Media Arts
- Music
- Visual Arts

Each subject focuses on its own practices, terminology and unique ways of looking at the world.

In Dance, students use the body to communicate and express meaning through purposeful movement. Dance practice integrates choreography, performance, and appreciation of and responses to dance and dance making.

In Drama, students explore and depict real and fictional worlds through use of body language, gesture and space to make meaning as performers and audience. They create, rehearse, perform and respond to drama.

In Media Arts, students use communications technologies to creatively explore, make and interpret stories about people, ideas and the world around them. They engage their senses, imagination and intellect through media artworks that respond to diverse cultural, social and organisational influences on communications practices today.

In Music, students listen to, compose and perform music from a diverse range of styles, traditions and contexts. They create, shape and share sounds in time and space and critically analyse music. Music practice is aurally based and focuses on acquiring and using knowledge, understanding and skills about music and musicians.

In Visual Arts, students experience and explore the concepts of artists, artworks, world and audience. Students learn in, through and about visual arts practices, including the fields of art, craft and design. Students develop practical skills and critical thinking which inform their work as artists and audience.

Celebrating Science Day

A great day was had by all! The efforts and planning by the teachers, aides and visiting presenters made this a successful day. There was a great turn out from parents and friends which added to the day’s enjoyment. Many thanks to the Tuckerbox Team for providing a yummy morning tea!

For more information and photos, please read the article in the Science section of this newsletter.

UNSW Assessment Competition - Mathematics

Our final results for 2014 are in, and congratulations are extended to the 32 students who achieved some very pleasing results in the recent Mathematics Assessment.

Credits

- Ellie B – 3L
- Travis S – 3L
- Carter F – 3FM
- Jessica N – 3FM
- Billie L – 6B
- Chloe D – 6B
- Nicolas B – 7C
- Holly S – 7C
- Luke V – 7 C

Merits

- Logan S – 4K
- Joshua W – 5C
The following students also participated and received certificates for their efforts:

- Year 3: Sarah M, Rylan B, Tyrone E, Jack H, April M, Loklan M, Alexia P
- Year 4: Campbell D, Trae M, Nicola M, Miu N, Lana P, Thomas R
- Year 5: Callum B, Maiella D, Hayley F, Marco M, Ebonie P
- Year 6: Jodie M
- Year 7: Braden D, Joshua M, Harrison P

Well done everyone!

If you have any queries, please contact me at jmcco40@eq.edu.au.

Kind regards
Julie McCombe

SCIENCE NEWS

Our “Celebrating Science Day” was a huge success! We had many visitors to the school that day, including: Cool Companions who brought along wildlife such as a blue tongue lizard and a friendly bettong for a hands-on experience, Dr Joe who did some very entertaining Science demonstrations and Jacobs Well Environmental Centre who helped us to discover minibeasts around the school grounds. The classroom teachers did a fantastic job at planning exciting activities for the children in their classrooms. Thank you to all the parents who came along to help us celebrate on the day.

Friday 17th October - Trivia night (in the school hall - doors open 6pm)
Monday 20th October - Student free day
Friday 24th October - Disco
Saturday 8th November - Shopping Tour (more information to come)

Also the new Tuckerbox menu has been sent home and is available on flexischools - enjoy the new tasty treats.

Uniforms - If you would like to avoid the queues at the start of next year grab yourself a pre-order form. We will pick and pack your order ready for collection prior to school start 2015. Also new to the uniform shop will be school bags and school socks and hair ties.

Lap-a-thon prizes should be all delivered now so thank you for your support and the kids putting in a great effort. We raised $10,000 for the school!

So the countdown to Christmas begins...have a great start to the term and remember to check out our facebook page to keep up with what is happening in and around the school.

Erica : ) Erica Koskela m: 0433 935090 e: erica@koskelafamily.net Tupperware Spring Summer 2013 Catalogue is out now - email me for your copy! View our full product range & take a fantastic virtual kitchen tour online at: http://www.tupperware.com.au/wps/wcm/connect/aus/ website

ADMINISTRATION REMINDERS

Changes to the School Dental Program

Metro South Oral Health Services are making changes to their school dental program to give all parents the opportunity to be involved in their children’s dental care. Under the changes it is unlikely that the school dental van will be returning to Ormeau State School. Instead our students can continue to receive free dental treatment at any of Metro South Health’s public clinics across the region. A parent or legal guardian must now attend every dental appointment with their child.

To make an appointment simply call their new telephone line – 1300 300 850 – to arrange an appointment. A flyer has been attached to this newsletter which outlines details about the School Dental Program and the locations of the clinics.

COMMUNITY NEWS

Southern Cross Cultural Exchange

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by volunteering to host one of our exceptional international students arriving in Australia in February 2015 for their 3,5, or 10 month programs. Our international students from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Japan and USA will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at

P AND C NEWS

Welcome back to the final term of the year!

A HUGE Thank you to everyone who has used their Community Dollars tag at the IGA! We have benefited more than any other organisation in the area thanks to your support. Keep up the use of these tags... We were able to raise in excess of $700 from simply swiping your tags at the counter!

Some important dates coming up to put in your diary

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All Champs Tennis Academy

Join us at your local tennis club and play tennis with our coaches for FREE!

**When:** Sunday 26 October 2014  
**Where:** Woongoolba Tennis Centre 1042 Stapylton Jacobs Well Road Woongoolba  
**Time:** 2.00pm – 4.00pm

For more details visit www.allchampstennis.com.au or phone 07 5546 2190/ 0421 795 608

www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!